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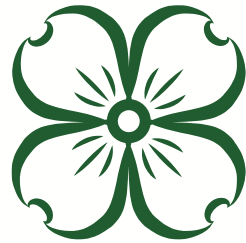
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Join the HBNA

NEW NEIGHBORS

Check out all the new
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Brookhaven



HISTORIC BROOKHAVEN

NEIGHBORHOOD ASSOCIATION

HBNA Street Party

The 2021 HBNA Neighborhood Street Party was a great time for all. If you're new to the neighborhood and don't know what this event is, here's a quick summary. This is an annual get together that usually happens in the Fall. There are food trucks, usually popular vendors that you've heard of locally. There's always a dessert truck like Kona Ice or a Cookie & Ice Cream truck. Last year a cocktail beverage truck was added, and it was a huge hit with its signature festive drinks. There's always live music whether it's a DJ or a band. And for the kids, there's a face painter and if available, the local fire department will come by in their fire truck allowing the kids to climb on it and take pictures.

Overall, it's a fun atmosphere for adults & children. As the date approaches, be on the lookout for the HBNA newsletter, and email reminders as well as street signs listing the date of the event. Feel free to drive your golf cart over and bring chairs and blankets to sit on. The event is held in the triangular park intersection of Davidson Ave. and Lakehaven Drive.



We hope that you'll join in on the fun this Fall! If you have any questions, feel free to reach out to HBNA's board member:
Rebecca Harvill
Rebecca.harvill@gmail.com
She chairs all events for HBNA and is happy to help answer any questions.

CONTACT INFORMATION

4062 Peachtree Rd, Suite A427, Brookhaven, GA 30319

Visit our website for more information at:
HistoricBrookhaven.org





Meet your neighbors: The Hendon Family

I am a native Atlantan and come from a long line of native Atlantans. My dad was from Decatur and my mom is from Brookhaven. As a matter of fact, my mom's side of the family has a rich history in Brookhaven. As we say, we are literally and figuratively from the other side of the railroad tracks. My great-grandfather had a country store at the corner of Thornwell Drive and Matthews Road in Brookhaven Heights. All the roads were dirt back then. My grandfather dropped out of school to help with the store. He would go door to door and take orders. Then he would load up the horse and buggy and deliver, all on credit. (Precursor to Amazon.)

When I was born my parents lived in Decatur and I went to first grade there. We then moved to a house on Oglethorpe Ave in Brookhaven. I attended Brookhaven Elementary school for the 2nd and 3rd grades. My parents then bought a house in Chamblee. I attended Chamblee High (as had my mom where she was a cheerleader). I worked full time while attending high school to help with the family finances. There was no college fund so after high school I got a job at C&S Bank (now Bank of America) in the real estate servicing department. I paid for and attended DeKalb Community College at night (now Perimeter College). I was only able to take a few classes per semester going at night, and, after three or so years, I finally earned an Associates Degree.

In the meantime, I passed the real estate license exam and eventually I was able to get a job at the downtown commercial office of Coldwell Banker. (At that time Coldwell Banker was not in the residential business. The commercial side is now called CBRE.) After doing research at Coldwell Banker, I started in sales at Ackerman and Company. After a couple of years, I moved to the newly formed office of Royal LePage. As I was working so much, I never found time to complete college. I enjoyed brokerage very much but always wanted to build things, so in 1985, at age twenty-seven, I started Hendon Properties. It was a big year as I also joined Capital City Club and bought my first house. The house was in Ashford Park on Redding Road. It was a three-bedroom, two-bath house on an acre lot. It cost \$85,000.

In 1989 I married Cynthia Wilburn, also a native Atlantan. Cynthia grew up in Sandy Springs and attended Westminster High school. Upon graduation, Cynthia continued her illustrious basketball career for a year at Converse College before transferring to Georgia (Go Dawgs). Cynthia graduated with a degree in Interior Design. Although no longer in the workforce, she has a great design talent which has come in handy with our homes and she has helped many friends throughout the years. After marriage, we settled into the house on Redding Road. I worked hard on growing the company and Cynthia and I grew our family. In August of 1991 we had our first son, Tanner. Within three years we had three sons including Houston and McClain. Obviously at that point, Cynthia had the harder job.

As a few years passed, Cynthia and I wanted to be closer to the Club. We would ride around on Sunday afternoons looking at houses in hopes of finding something we could afford. One day we turned on Brookgate Way (off Mabry) and found a lot at the end of the street right on the cul-de-sac. As we were looking at the lot, Bill Lellyett came out of his house across the street as though he was the welcoming committee. We decided to buy. I thought I was crazy because my first house on an acre cost \$85,000 and I then bought a half-acre lot for \$225,000 with a house yet to be built. We saved up, Cynthia designed, and eventually we built our family home, moving in during October 1996.



The Hendon Family

McClain, Charlie, Katie, Tanner, Cynthia and Houston

It was a perfect place for us and our boys. At one point there were approximately twelve kids just in the four houses on the back island all within a five-year age gap. The families had joint pizza dinners many summer nights out on the island. Tanner and McClain are both excellent musicians and each currently plays in respective bands and continue to be involved in many aspects of the music field. Tanner is married to a wonderful woman, Katie. The whole family adores her. Houston is working at Hendon Properties assisting with our single tenant build-to-suit division.

It is now year thirty-six for Hendon Properties. We specialize in retail projects. We have developed ground up deals as far north as New Jersey and as far west as Texas. We also acquire existing projects primarily for a value-add play. Our current portfolio exists throughout the southeast. One of our most recent acquisitions is Brookhaven Station. We are very proud to own this great real estate and we are in the early stages of improving the landscaping, the buildings, and, in many cases, upgrading the tenants. You will soon see construction of a location for Fox Brother's BBQ and we will be announcing shortly several exciting new tenants. We also own the nearby Brookhaven Village project where Haven is located.

Living in Historic Brookhaven is a dream. It is an enclave of suburban life with easy access to all things a big city has to offer. We love being able to go on walks from our house and the formation of the City of Brookhaven has been a blessing. Our boys have remained close which makes us happy. We have many friends here and enjoy seeing them often in the normal course of a day. The restaurant choices for us nearby continue to get better and better. We are truly blessed to be a part of this community.



The Simple Surprising Secret to Getting Fit and Staying Healthy in Your 40's and Beyond

HBNA welcomes Dan Horras as a new sponsor to our Association. He is a long-time trainer at Capital City Club and in addition owns his own fitness studio in Buckhead.



Dan Horras, E5FIT Owner

Can I let you in on a little secret?

I've been a trainer for over twenty years and there's one question I get more often than anything else: "Dan, what should I do to maximize my health, fitness, and wellbeing as I get older?"

Is it walking, yoga, pilates, stretching, riding that new Peloton?

While all of these can be great forms of exercise, and I encourage you to try any of them that you enjoy, the hands-down, absolute best form of exercise for men and women over 40 is *strength training*.

No, I'm not talking about bodybuilding magazine craziness or the stuff you see in the movies. What I'm talking about is the best-kept secret to staying young and adding years to your life, and life to your years.

The fact is, your muscle mass gradually declines after the age of 30. And as your muscle mass declines, your metabolism plummets, often resulting in excess body fat (notice how you can't eat the same way you did in your twenties and get away with it?) Excess body fat increases risk for metabolic disorder, diabetes, hypertension, and more.

The most effective thing you can do to stop the decline in your muscle mass and metabolism? Strength training! As the saying goes, "use it or lose it!"

Best part? Strength training the *right* way will boost your metabolism, improve mobility and flexibility, reduce the risk of falls and injury, and, yes, has a bigger impact on your body composition than any other form of training.

I know what you're probably thinking and no, you don't need to (and, frankly, *shouldn't*) throw heavy weights over your head or scrape your shins on boxes to enjoy the benefits of strength training. Low-impact, moderate-intensity strength training performed consistently yields all of the positive results of higher impact, higher intensity programs while keeping you safe and pain-free.

You really can have your cake and eat it, too.

If you want to continue to enjoy an active lifestyle as you age and do things like travel to exotic destinations without ever having to say "kids, I need to sit this one out," or take those big bike or ski trips and run circles around that pesky son-in-law, play golf and tennis with friends while saying goodbye to back, knee, and elbow pain, and chase your children and grandchildren until THEY'RE tired, make sure that strength training is included in your fitness routine.

If you'd like help getting started or just want to learn how to perform some of the biggest bang-for-your-buck moves and routines as safely, effectively, and efficiently as possible (all while having a blast!) just call (404) 254-1606 or email info@e5fit.com and mention this newsletter to claim your free 7-day trial. You'll get a complimentary strategy session plus up to three personal training sessions with our patient, professional coaches.

Yours in health,
- Dan @ E5Fit Dan Horras
E5FIT Owner
404-254-1606 Office
770-645-0003 Mobile
dan@e5fit.com
www.E5Fit.com





Brookhaven Security Update

The Pine Straw scammers hit again on Brookhaven Drive. Two men knocked at the first house, the owner recognized them and when she heard the door knob being turned she called 911. She called me to report the incident and said the scammers went on to another home on Brookhaven Drive. I called that owner and he said they were spreading pine straw. I told him what happened to the neighbors and to call 911 as the police were looking for them. The owner is not on social media and had no idea that this scam has been going on for years. He called me back saying they were trying to charge him over \$700 when the up front price was \$140. Brookhaven Police arrived quickly, ran the plates on the truck and trailer, and stayed until the owner renegotiated the price.

Stephanie McGarity

Letter from the HBNA President

Dear Historic Brookhaven Neighbors,

Wow! What a strange two years it has been. But hopefully that's behind us and 2022 will be back to "normal" – whatever that is. For the Historic Brookhaven Neighborhood Association, we're hope to go back to our two face-to-face General Meetings.

The Spring and Fall meetings have always been such a great time to mingle with neighbors, meet new neighbors, hear updates on the issues that are going on around us and learn how you might get involved in our wonderful neighborhood. Dates/locations are still TBD but we all hope to be together face to face. And I look forward to seeing you all there.

Meanwhile in the last year your Board has been its usual busy self. Our committees have tirelessly pursued their jobs:

- Beautification: Continued work on our Micro-Parks for clean up and beautification including those beautiful new benches scattered throughout
- Traffic/Transformation: Working with both Atlanta and Brookhaven on assessing our most flagrant problem areas and trying to come up with appropriate solutions
- Surveillance Cameras: Insuring all of the cameras and license plate readers (LPRs) are working at every entrance to the neighborhood and serving as a liaison between the police departments
- Communications: Issuing tons of emails, two printed newsletters and our Annual Directory
- New Neighbors: Welcoming the 83 new homeowners who've moved into the neighborhood in the last 12 months
- Zoning: Two committees committed to monitoring/informing about changes in and around us
- Events: Bringing you the Fall General Meeting and a fabulous Street Party
- And don't forget Sponsorships, Membership and Filming committees that spring into action when needed

In 2022, we'll see more of these activities from the committees. Additionally, we have great plans to work on our "Monument" project. Putting up new monuments at select entrances to the neighborhood, removing a couple of the "falling down" monuments and general cleaning and landscaping around them where needed.

Lastly, I and the rest of the Board want to thank Susy Stovin for tirelessly serving as our President of the HBNA board. Over the last three years she has put in long hours, lots of zoom calls and meetings to keep the HBNA ship running smoothly. We thank her wholeheartedly and hope that you will thank her when you see her (or send her an email!). She's not leaving the Board (whew!) but will continue to serve. Here's to great 2022 for all of us!

Maribett Varner
HBNA President



Brookhaven Police Department Traffic Safety Unit: Speed study report

Report Background: On December 2, 2021 the police department received a complaint from Mrs. Colyer about speeding occurring on Brookhaven Dr WB toward W Brookhaven Drive. Mrs. Colyer is with the Historic Brookhaven Transportation Committee.

Methods: In response to this complaint, the Brookhaven Police Department's Traffic Safety Unit called on the data retrieved by fixed Driver Feedback Signs to measure the speed of passing vehicles. The devices were placed on Brookhaven Dr between E Brookhaven Dr and W Brookhaven Dr. The first sign is aimed at vehicles traveling eastbound, and the second at vehicles traveling west. The measurable reach of the sign is approximately 500 feet, and the device records both the highest speed of a passing vehicle and the reduction in speed after the sign illuminates if any.

Quantitative Findings:

Start Date / Time	December 02, 2021, 1930 hrs.	
End Date / Time	December 08, 2021 1430 hrs.	
Total Study Period	Approximately Days 6	
	EB Brookhaven Dr.	WB Brookhaven Dr.
Total Vehicles Measured	7563	22,277
Speed Limit	25 MPH	25 MPH
Total Speeders (+1 mph over posted limit)	3866	18,785
Percent of Vehicles Speeding (+1 mph over limit)	51%	84%
Enforceable / Citable Speed Limit**	36 MPH	36 MPH
Total Enforceable / Citable Violations**	68	9229
Percent of Vehicles Citable**	.0090%	41%
Median/Average Speed	27 MPH	32 MPH
25 th Percentile Speed	23 MPH	28 MPH
50 th Percentile Speed	27 MPH	31 MPH
85 th Percentile Speed	32 MPH	37 MPH

**Note: Georgia Law restricts the use of speed detection devices in several ways; these provisions are found in the Official Code of Georgia Annotated, Title 40, Chapter 14. As it relates to enforcement, O.C.G.A. § 40-14-8 reads, "No...officer shall be allowed to make a case based on the use of any speed detection device, unless the speed of the vehicle exceeds the posted speed limit by more than ten miles per hour." For that reason, BPD –and this study– defines "speeders" as those vehicles traveling ten miles or more above the posted speed limit.

Qualitative Findings:

The data collected during this study show that, of the 29,840 vehicles traveling past the speed detection devices, 22,651 vehicles were traveling one mph or faster than the posted speed, but slower than the enforceable speed limit. This number represents 0.759% of the total number of vehicles. Phrased differently, 76% of vehicles in the study area were not exceeding the enforceable speed limit. Eight five percent (85%) of all vehicles were traveling 32 mph east and 37 mph west or less, and the median speed among all vehicles, including statistical outliers, were 27 mph east and 32 mph west. Additional Information Collected No additional information was collected. Conclusion and Recommended Action(s): Considering the data together, this complaint of vehicle speeding is sustained traveling west on Brookhaven Drive. Additional targeted enforcement is recommended for vehicles traveling WB on Brookhaven Dr. Brookhaven's Traffic Safety Unit will develop a plan to educate drivers of the 25-mph speed limit traveling WB on Brookhaven Dr., toward W Brookhaven Dr.

Prepared by: Sergeant B.T. Fleming Brookhaven Police Department 2665 Buford Highway | Brookhaven, Ga 30324 P: 404-637-0627 | bayshawn.fleming@brookhavenga.gov

At the request of the Transportation Committee, the Brookhaven Police Department conducted a six-day speed study on Brookhaven Drive, Eastbound and Westbound, early last December. The compelling results are shown here. Sgt. Bayshawn Fleming states that additional targeted enforcement is recommended and that Brookhaven's Traffic Unit is developing a plan to educate drivers, especially those travelling Westbound toward West Brookhaven Drive. The Brookhaven Police Department report was used as a model example and the FLOCK camera one-month total plate reads, also seen here, was used as supporting evidence for the Speed Study Proposal sent to the new Department of Transportation via District 7 Councilman Howard Shook's office in late January 2022. The Speed Study Proposal targets several neighborhood streets in City of Atlanta where speeding remains a priority safety concern.

Please set the right example for your young drivers and our tsunami of cut-through traffic: drive the speed limit and observe posted 25mph, STOP, and YIELD signs.

Thank you





Security and Camera Statistics

Total Plate Reads, December 9, 2021 – January 7, 2022

Historic Brookhaven FLOCK Cameras

Total: 501,630

Camera #	Location and Direction	Plate Reads	#	Location and Direction	Plate Reads
1.	Carter Dr. Inbound EB	10,611	15.	Vermont Rd. Inbound NB	6,140
2.	Carter Dr. Outbound WB	16,540	16.	Vermont Rd. Outbound SB	5,587
3.	West Club Dr. Inbound EB	20,873	17.	Club Dr. Inbound NB	23,167
4.	West Club Dr. Outbound WB	31,398	18.	Club Dr. Outbound SB	37,714
5.	Winall Down Rd. Inbound EB	19,979	19.	Bellaire Dr. Inbound NB	2,773
6.	Winall Down Rd. Outbound WB	25,099	20.	Bellaire Dr. Outbound SB	3,305
7.	Stovall Blvd. Inbound EB	15,237	21.	Brookhaven Dr. Inbound (1) NB	13,321
8.	Stovall Blvd. Outbound WB	33,250	22.	Brookhaven Dr. Outbound (1) SB	16,410
9.	Calvert Lane Inbound EB	2,050	23.	Brookhaven Dr. Inbound (2) WB	34,319
10.	Calvert Lane Outbound WB	4,090	24.	Brookhaven Dr. Outbound (2) EB	84,683
11.	Wendover Dr. Inbound EB	2,457	25.	Fuller Rd. Inbound WB	19,968
12.	Wendover Dr. Outbound WB	2,551	26.	Fuller Rd. Outbound EB	6,568
13.	Narmore Dr. Inbound NB	6,531	27.	Mabry Rd. Inbound SB	25,157
14.	Narmore Dr. Outbound SB	13,628	28.	Mabry Rd. Outbound EB	6,568

Fox Brothers is Coming to Historic Brookhaven!



Fox Brothers BBQ (www.foxbrosbbq.com, @FoxBrosBarBQ on Instagram, Facebook, and Twitter), has been leading the BBQ scene in Atlanta since 2007 from their flagship location on Dekalb Avenue in Candler Park. We will soon be able to smell the savory woodsmoke in Historic Brookhaven – Fox Brothers will be opening a new location in Brookhaven Station (Mellow Mushroom, Dunkin’ Donuts) soon – timing is to be determined, but likely early spring of 2022. If you just can’t wait, you can visit their newest location on the West Side or you can buy their sauce and/or a gift card to their restaurants at the Brookhaven Costco.

Enjoy!





HBNA had a very successful membership drive for 2022. Out of the 1098 homes in Historic Brookhaven, 735 have joined our Association as of 1/30/2022. We ended 2021 with 770 members of the Association and we hope to surpass that number during this year. The following streets had a very high rate of membership renewal:

Bellaire Drive
Brookgate Way
Brookhaven Court
Brookhaven Lane
Brookhaven Walk Way
Carter Drive
Club Commons Circle
Club Drive
Davidson Avenue
East Brookhaven Drive
East Club Lane
Farmington Lane
Lakehaven Drive
Mabry Road
Moores Club Place
Stovall Boulevard
Town Commons Circle
Vermont Place
Vermont Road
West Brookhaven Drive
West Club Lane

The following streets had a 100% renewal rate:

**Bellaire Lane
Brookhaven Square
Calvert Lane
Club Station Drive
Fuller Road
Hunters Brook Court
One Brookhaven Drive
Stone Brook Court**



Thank you to all neighbors who have paid their \$150 dues for 2022. If you have not yet joined, please go to <https://www.historic-brookhaven.org/join-pay-dues.html> and pay your dues today. You can also send a check made out to HBNA to:

**HBNA
4062 Peachtree Road
Suite A Box 427
Brookhaven, GA 30319**





WELCOME NEW NEIGHBORS

Eric & Stacey Dey	1053	Abington Court	Michael Linnan	1020	Farm Brook Lane
Melinda & Kenan Laine	1061	Abington Court	Janet Pevehouse	1014	Havenridge Lane
Ulrich & Michele Brechbuhl	1080	Abington Court	Michaela Mantaro	1033	Havenridge Lane
Charlie & Nancy McDaniel	1100	Angelo Court	Nkem & Eukay Chukwumerije	4309	Lakehaven Drive
Brad & Julene Hodges	1250	Bellaire Lane	Arman Shagolami	2870	Mabry Lane
Shannon Green	2492	Brookhaven Place	Kristi & Vincent Schofield	2702	Mabry Road
Bobby Triesch	1085	Brookhaven Square	Dawn Foster	102	One Brookhaven Drive
Jonathan & Molly Wiese	4645	Club Circle	Jeff Baker	3736	Paige Way NE
David & Heather Repp	4114	Club Drive	Priti & Amit Mody	3725	Peachtree Dunwoody Rd
Ahmed & Sarah Suria	4187	Club Drive	Thomas & Mellisa Cotton	3811	Peachtree Dunwoody Rd
Russell & Julie Hilton	4564	Club Drive	Christopher & Regina Weir	3837	Peachtree Dunwoody Rd
Robert Williamson	1055	Club Place	Frederick Gardner	3879	Peachtree Dunwoody Rd
Kim Guthas	1058	Club Place	Alexander & Maya Heideman	4055	Peachtree Dunwoody Rd
Rachel Gilmore	1076	Club Place	Matthew Jollay	956	Stovall Boulevard
Christina Parker	1079	Club Place	Kevin & Ellen Hayes	998	Stovall Boulevard
Joshua Cutler	1092	Club Place	Terry & Allison Brantley	933	Wendover Drive
Dan & Sue Ellen Brannan	931	Club Station Drive	Brenda & Dave Poindexter	972	Wendover Drive
Taylor & Melissa Anderson	4531	Club Valley Drive	Alfredo Mesa & Elizabeth Ellison	52	West Brookhaven Drive
Scott & Debbie Meyerhoff	4332	Davidson Avenue	Julia & Steve Lanese	58	West Brookhaven Drive
Ray & Stefanie Winborne	4410	East Brookhaven Drive	Tyler & Faith Scriven	62	West Brookhaven Drive
Ryan & Susannah Chapman	4459	East Brookhaven Drive	Anna & Houston Hough	72	West Brookhaven Drive
Earl & Carolyn Shell	1120	East Club Lane	Colin & Aimee Connolly	4234	West Club Lane
Margie Archer & Mary Cole	1136	East Club Lane			

Women's Bible Study Group

Women of Brookhaven: Would you like to meet your neighbors and feel more connected? Please consider joining the Brookhaven Bible Study, which meets each Thursday morning of the school year from 8 to 9:30 a.m. We absolutely love welcoming new women into the group!

In addition to studying the Bible together, we also love participating in community projects such as serving meals at Trinity House and packing shoeboxes for Operation Christmas Child. During the holidays, we had a wonderful Christmas Art Night and our annual Christmas breakfast together! We welcome new members each week, but we are planning to begin a new study for the Lenten season on Thursday, March 3rd, entitled Journey to the Cross by Paul David Tripp. If you would like to join us or to simply to find out more information, please contact Suzy Brister at suzbrister@aol.com.

